

Kinesiology

ki•ne•si•ol•o•gy:

The study of biomechanics of the human body

The Kinesiology major prepares students for a career in health and wellness, graduate study in Kinesiology, or professional school (physical therapy, physician assistant, athletic training, medical school, etc.). The program features a built-in internship experience and flexible 15+ hours of professional elective content. In addition, the Kinesiology major offers student organizations that help connect students with educational and career opportunities within the Kinesiology field. Organizations like the American Kinesiology Association and the Kinesiology Student Association (KSA) are great ways to volunteer in the community, hear insightful guest speakers, and connect with other Kinesiology students on campus.



The Major

Kinesiology majors must maintain a 2.5 cumulative GPA and must earn a C or better in all KNS courses.

Advising for the Kinesiology major starts in the College of Education, Health and Human Sciences (BEC 332). Progressing through the major depends on the following requirements:

- A minimum cumulative UT GPA of 2.5 after a minimum of 45 hours of coursework.
- Completion of MATH 125 or MATH 141, KNS 100, CHEM 130, and PHYS 221.
- Completion of all the above courses with a C or better.

Some coursework required for the major includes:

- General Psychology
- Basic Calculus
- General Chemistry I and General Chemistry II
- Physics
- Human Physiology
- Public Speaking
- Introductory Nutrition
- Applied Anatomy
- Fitness Testing and Exercise Prescription
- Biomechanics of Human Movement
- Physiology of Exercise

Kinesiology is a flexible major which allows space for needed prerequisites for future graduate programs or to add a minor depending on career goals.

For appointments:

<https://cehhsadvising.utk.edu/academic-advising/>

Bailey Education Complex, 332

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