



THERAPEUTIC RECREATION

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ABOUT THE MAJOR

Therapeutic Recreation

A systematic process that utilizes recreation and other activity based interventions to address the assessed needs of individuals with illnesses and/or disabling conditions, as a means to psychological and physical health, recovery and well-being.

An undergraduate degree in therapeutic recreation prepares students for employment in management and leadership positions with agencies that deliver health care services. Students are successful in securing employment in psychiatric institutions, physical rehabilitation units, drug and alcohol treatment centers, community-based programs, long-term care facilities, outdoor and school-based programs and children's programs. In addition to an undergraduate degree with a concentration in therapeutic recreation, the program offers a number of camps and activities serving our community. These camps include Camp Koinonia and Camp Oginali.

Therapeutic Recreation majors must maintain a 2.5 cumulative GPA and complete all RSM classes with a C or better.

Scan the QR code to learn more about admission and course requirements:



DEPARTMENT OF KINESIOLOGY,
RECREATION & SPORT STUDIES



WHAT CAN I DO WITH A THERAPEUTIC RECREATION MAJOR?

